Name: Kamas

Title: Week 07 Reflection

Total Points: 100

* 5 pts Questions**Affect: (What?, So What?...Return, Report, Reflect and Regroup.)**
  + **What? (Return and Report)**
    - What did I do to prepare for class this week? I did the prep work and the checkpoint activity.
    - What phase of your projects did you complete? This week our group worked on the acorn project proposal.
  + **So What? (Reflect and Regroup)**
    - What did I learn from the study material? This week I learned that there are times when you have say no when the expectation are impossible. But there are times that you do say yes but there are people that you can tell when people are not committed by how they say it.
    - What actions were assigned to you, in your team meeting? For the acorn project proposal, I completed the fourth proposal for the projects.
* 10 pts Questions **Behavior: (What now?...my ideas are starting to emerge!)**
  + - What is the most significant take-a-way you have gained from your study this week? That no matter what we are assigned in work if its not possible to complete in the time given then you need to tell the manager that it’s not possible.
    - How would you explain this week's topics to a person not in this class? I would explain that when you are given a job with a time limit that is unreasonable you need to speak up. So that they know the project will not be done in time. But I would also explain what the difference is between people that say what they are going to do and when they are not going to do what they say.
    - What would you do differently next week? I would like to better manage my time better when I have a mountain of homework on one day.
    - How does the weekly topic relate to the MIM model? It relates to consciousness because you have to know your abilities and how long it would take to do certain assignments.
* 20 pts Questions **Cognitive: (Wow, I learn?... Ok that is deep!)**
  + - Why is this week's topic important for teamwork? Being able to know what can be done and what can be good so that you can tell them yes or no. Or even tell you team what needs to be adjusted within a project or assignment.
    - How do plan on contributing to the team, besides completing your tasks? Besides completing my task, I will try to give my input on what needs to be fix and what is working. But also offering input on what we should do with our team projects.